BREAKFAST MENU

served daily in our lounge and bar areas. last orders for breakfast 11.30am

BREAKFAST		EGGS		SMOOTHIES		
THE FRY UP smoked bacon, pork sausage, fried eggs, field mushroom, grilled tomato, beans & toast	12.95	AVOCADO & POACHED EGGS avocado, toasted muffin, poached eggs, pumpkin seeds (V) (GFO)	9.95	STRAWBERRY & BANAN blended with apple juice & water (VE) (GF)	IA	4.75
VEGETARIAN BREAKFAST avocado, field mushroom, poached eggs, grilled tomato, spinach, toast, sweet chilli sauce (V)	11.95	EGGS FLORENTINE poached eggs, toasted muffin, spinach, hollandaise, pumpkin seeds (V) (GFO)	8.95	MANGO & PASSIONFRUIT blended with pineapple, apple juice & water (VE) (GF)		4.75
BACON OR SAUSAGE ROLL smoked back bacon or pork sausage served in a white or wholemeal roll	7.95	EGGS BENEDICT poached eggs, toasted muffin, cured ham, hollandaise, pumpkin seeds (GFO)	8.95	BLUEBERRY & RASPBERRY blended with banana, apple juice & water (VE) (GF) 4.7		4.75
EXTRAS		EGGS ROYALE poached eggs, toasted muffin, smoked salmon, hollandaise, pumpkin seeds (GFO)	10.95	COFFEE & TEA		
ADD BLACK PUDDING	1.75			REGULAR COFFEE	3.40	4.40
		PANCAKES & OATS		FLAT WHITE	3.40	4.40
ADD BAKED BEANS (VE) (GF)	1.75	I ANGARES & GAIS		CAPPUCCINO	3.65	4.65
ADD GRILLED TOMATO (VE) (GF)	1.75	AMERICAN PANCAKES chocolate & hazelnut sauce, whipped cream,	5.95	LATTE		3.65
ADD FRIED EGG (V) (GF)	1.75			MOCHA	3.65	4.65
ADD FIELD MUSHROOM (VE) (GF)	1.75	chocolate brownie crumb (V)		ESPRESSO	3.15	4.25
ADD SPINACH (VE) (GF)	1.75	PORRIDGE rolled oats, whole milk, golden syrup, crushed pistachios (V) TOAST & JAM	3.95 3.95	FLOATER COFFEE		3.75
ADD SMOKED BACK BACON (GF)	2.00			HOT CHOCOLATE 3.75 POT OF TEA 3.15		
ADD PORK SAUSAGE	2.00					7.25
ADD AVOCADO (VE) (GF)	3.00			•		3.15
ADD POTATO TOTS (VE) (GF)	3.00	choose from granary or white thick sliced bread,	3.95	SYRUP SHOTS		0.65
ADD HALLOUMI FRIES (V) (GF)	3.00	marmalade, raspberry or strawberry jam (V)		chocolate, hazelnut, caramel or vanilla		

all our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are present and our menu descriptions don't always mention every single ingredient, so just ask if you're unsure. please note that allergens contained within our condiments are not included in the allergen information. please inform one of our team of your specific allergy or dietary requirement when ordering, even if you have eaten the dish previously. our suppliers and kitchens handle numerous ingredients and allergens and whilst we have strict controls in place to reduce the risk of contamination, unfortunately it is not possible for us to guarantee that our dishes will be 100% allergen or contamination free. some of our fish dishes may contain small bones. (V) vegetarian (GFO) gluten free option available (GF) gluten free (VE) vegan (VEO) vegan option available